

FOUR ELEMENTS



CHRYSANTHEMUM 'BALANCE'

K'un, the trigram for Earth, consists of three broken lines, making it a decidedly feminine element. The yellow chrysanthemum provides the spirit of higher wisdom creating the ideal balance. These flowers are some of the latest to bloom in the garden, often seen peeking through a dusting of early winter snow.



DESIGN SIZE: 15.25 x 20.3cm (6 x 8in)

STITCH COUNT: 84w x 112h

MATERIALS

- 28 x 33cm (11 x 13in) Rustico (#54) 14-count Aida
- DMC stranded cotton (floss) as listed in the chart key
- Tapestry needle No.24

1 Begin by referring to Techniques, page 103 if necessary. Find and mark the centre of the fabric and then circle the centre of the chart with a pen. Mount your fabric in an embroidery frame if you wish.

2 Begin stitching from the centre of your fabric and work outwards, following the colour changes on the chart. Work all the cross stitches using two strands of stranded cotton (floss). Refer to the chart key for working all the backstitches.

3 Once all the stitching is complete, finish your picture by mounting in a suitable frame.

CHRYSANTHEMUM 'BALANCE' KEY
DMC stranded cotton
Cross stitch



746



725



989



blanc



745



729



987



5282

(gold metallic)



744



471



310

Backstitch

5282 2 strands, balance symbol outline & both sides of black border

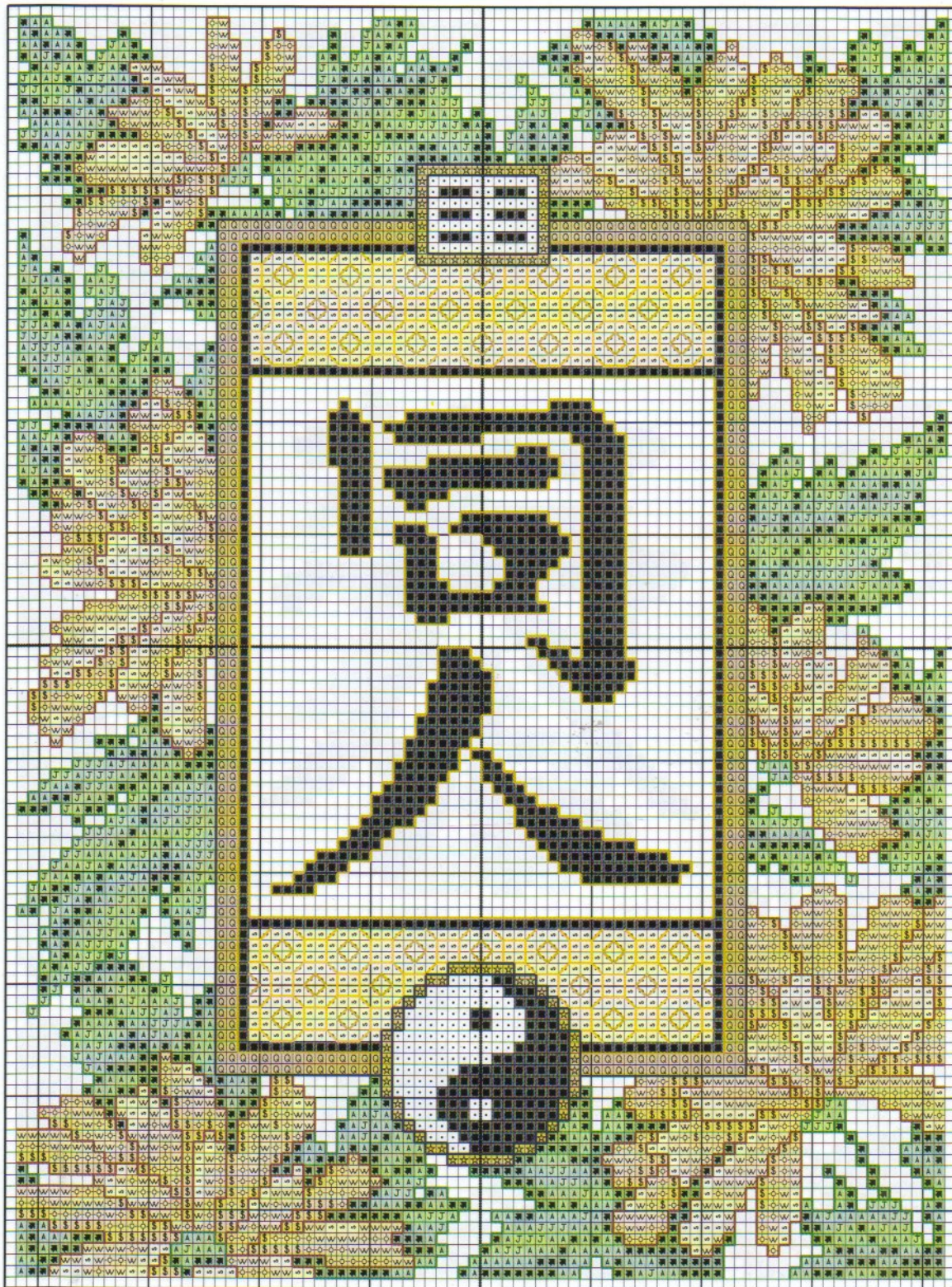
3345 1 strand, leaf outlines

801 1 strand, flower outlines

310 1 strand, trigram outline, round yin yang symbol & outside gold border

725 1 strand, pattern below trigram & above yin yang symbol

729 1 strand, pattern below trigram & above yin yang symbol



Earth Element – Chrysanthemum

DMC	Anchor	Madeira	DMC	Anchor	Madeira	DMC	Anchor	Madeira	DMC	Anchor	Madeira
Cross stitch in two strands			Cross stitch in two strands			Backstitch in one strand			Backstitch in two strands		
■ blanc	2	2402	■ 745	300	0111	— 310	403	2400	— DMC 5282 metallic gold		
■ 310	403	2400	■ 746	275	2511	— 725	305	2509			
■ 471	266	1501	■ 987	244	1403	— 729	890	2209			
■ 725	305	2509	■ 989	261	1401	— 801	359	2007			
■ 729	890	2209	★ DMC 5282 metallic gold			— 3345	268	1406			
■ 744	301	0112									

Contains whole stitches only

Stitch count 112 high x 84 wide
Design area on 14-count fabric
20x15cm (8x6in)